



Connecticut State Dental Association

Start the School Year with a Smile!

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Southington, Ct--While parents are getting ready for the back-to-school season, the CSDA also points out that back to school is the perfect time to get dental check ups for your children.

A smile is the first thing people notice about you, and starting the school season with a bright healthy smile can really boost a student's self confidence. Millions of Americans face embarrassment and have low self esteem due to poor oral health. Regular trips to the dentist can help alleviate such anxieties.

With recent research showing a strong correlation between oral health and over all health, your child's teeth are often a good indication of their overall health. A healthy smile may help prevent serious health problems in the future such as heart disease, diabetes, and cancer. The CSDA recommends visiting the dentists every 6 months for cleanings and routine screenings.

To find a dentist in your area, visit www.csdac.com and click on "Find-a-Dentist." The CSDA is a non profit association that represents over 80% of licensed Connecticut Dentists. The CSDA is the leading advocates for oral health care in CT.